



Police CyberCheck: Strengthen Your Cybersecurity Today

Why It Matters

Fraud and cybercrime are now the most common crimes in the UK. Criminals often hack email and social media accounts to take over your online life. Once inside, they can:

- Reset passwords for banking, shopping, and payment apps.
- Steal money or make purchases in your name.
- Use your social media to target friends and family.

The Solution

Police CyberCheck is a free, mobile-friendly tool created by the South East Cyber Crime Unit. It gives you step-by-step actions to improve your cybersecurity in priority order.

What You'll Get

- Clear guidance split into three levels: Foundation, Improver, Enhanced.
- Action cards with links for popular platforms and apps.
- No signup required – optional progress saving via email (we never store your address).

Why Use Police CyberCheck?

- ✓ Free and official Police resource
- ✓ Mobile-friendly and easy to follow
- ✓ No installation or technical jargon

Start Now: Visit <https://cybercheck.southeastcyber.police.uk/ref/7>